U.S. ENERGY CORP. & SUBSIDIARIES

CODE OF ETHICS AND CONDUCT

U.S. ENERGY CORP. ("USE") will conduct its business honestly and ethically. Employees will constantly improve the quality of their services, products and operations and will create a reputation for honesty, fairness, respect, responsibility, and integrity, trust and sound business judgment. No illegal or unethical conduct on the part of officers, directors, employees or affiliates is in USE's best interest. USE will not compromise its principles for short-term advantage. The ethical performance of USE is the sum of the ethics of the men and women who manage it and work for it. Thus, each of USE's officers, directors and employees are expected to adhere to high standards of personal integrity.

USE's officers, directors, and employees must never permit their personal interests to conflict, or appear to conflict, with the interests of USE, its clients or affiliates. USE's officers, directors and employees must be particularly careful to avoid representing USE in any transaction with others with whom there is any outside business affiliation or relationship. USE's officers, directors, and employees shall never use their company contacts to advance their private business or personal interests at the expense of USE, its clients or affiliates.

USE's officers, directors and employees shall offer no bribes, kickbacks or other similar remuneration or consideration to any person or organization in order to attract or influence business activity. USE's officers, directors and employees shall not accept gifts, gratuities, fees, bonuses or excessive entertainment, in order to attract or influence business activity.

USE's officers, directors and employees come into contact with, and have possession of, proprietary, confidential or business-sensitive information and must take appropriate steps to assure that such information is strictly safeguarded. This information, whether it relates to USE or to any of our customers, clients or affiliates, includes strategic business plans, operating results, marketing strategies, customer lists, personnel records, upcoming acquisitions and divestitures, new investments, and development and construction costs, processes and methods. Proprietary, confidential and sensitive business information about USE, other companies, individuals and entities with whom USE does or has done business of any nature should be treated with sensitivity and discretion and only be disseminated on a need-to-know basis only.

Misuse of material inside information by USE's officers, directors or employees in connection with trading in USE's securities can expose the individual who misuses such information to civil liability and penalties under the Securities Exchange Act. Under this Act, directors, officers, and employees in possession of material information not available to the public are "insiders." Spouses, friends, suppliers, brokers, and others outside USE who may have acquired the information directly or indirectly from a

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director, officer or employee are also "insiders." The Act prohibits insiders from trading in, or recommending the sale or purchase of, USE's securities or the securities of any other corporation to which the information relates, while such inside information is regarded as "material", or if the information is important enough to influence you or any other person in the purchase or sale of securities of any company with which USE does business, which could be affected by the inside information. The following guidelines should be followed in dealing with inside information:

- Until the material information has been publicly released by USE, USE's officers, directors and employees must not disclose it to anyone except those within USE whose positions require use of the information.
- USE's officers, directors and employees must not buy or sell USE'S securities
 when they have knowledge of material information concerning USE until that
 information has been disclosed to the public and the public has had sufficient
 time to absorb the information.
- USE's officers, directors and employees shall not buy or sell securities of another corporation, the value of which is likely to be affected by an action by USE of which the employee is aware and which has not been publicly disclosed.

USE's officers, directors and employees will seek to report all information accurately and honestly, and as otherwise required by applicable reporting requirements.

USE's officers, directors and employees will refrain from gathering a competitor's proprietary information by illegitimate means and, if such information is so obtained, shall refrain from acting on the knowledge which has been gathered in such a manner. USE's officers, directors and employees will seek to avoid exaggerating or disparaging comparisons of the properties, services and competence of their competitors.

USE's officers, directors and employees will obey all Equal Employment Opportunity laws and act with respect and responsibility towards others in all of their dealings.

USE's officers, directors and employees will strive at all times to conduct their personal life so that their personal life will not interfere with their ability to deliver quality products or services to USE and its customers and business associates.

USE's officers, directors and employees are obligated and agree to promptly disclose to USE'S President and/or its board of directors any unethical, dishonest, fraudulent and illegal behavior, or the violation of USE policies and procedures by any officer, director and/or employee. Should any person having such information be insecure in disclosing the information to any officer, director or employee, such person must then

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promptly disclose the information to USE'S outside legal counsel: Stephen E. Rounds, 1544 York Street, Suite 110, Denver CO 80206, 303.377.6997.

USE's management will establish and maintain a "WHISTLE BLOWER" procedure in compliance with Title VIII, Section 806 Paragraph 154A of the Sarbanes-Oxley Act. All notifications under this law of fraud and or financial misconduct by the company, its officers, directors and employees will be reported confidentially through this procedure to a designated member of the audit committee.

Violation of this Code of Ethics WILL result in discipline, which discipline, among other possibilities, may include suspension without pay or termination for cause. The degree of discipline relates in part to whether there was a voluntary disclosure of any ethical violation and whether or not the violator cooperated in any subsequent investigation.

Authority:

This US Energy Corp. policy has been approved by the Chairman and the CFO. Any exceptions or revisions to the policy must receive approval from the Chairman and the CFO.

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ACKNOWLEDGEMENT OF RECEIPT OF CODE OF ETHICS AND WHISTLEBLOWER POLICY

I hereby acknowledge that I have received, read and fully understand the following U.S. Energy Corp. policies:

- Code of Ethics and Conduct (effective date: 01/15/04)
- Whistleblower Policy and Procedures (effective date: 01/15/04)